

# Provider Guide

## Alzheimer's Assessment

#5400

## Ordering Physicians

At the time of collection or before providing to a patient, visit [gdx.net/mygdx](https://gdx.net/mygdx) to activate this test using the number on the included label card.



## Help Patients Plan for Collection

Ship Monday thru Friday and avoid US holidays which may cause delays.

### Night Before Blood Draw

Patients should fast overnight.  
Water is okay.

Place freezer brick in freezer for at least 8 hours before blood draw.

# Specimen Collection

1. Write patient's **date of birth** (DOB) and the **date of collection** on the labels provided. Attach a completed label to the **tube** being returned to the lab.



# Blood Draw and Processing

1. **Clean the skin** thoroughly with isopropyl alcohol before venipuncture, and **use only stainless steel needles**.
2. **Draw blood**.
3. **Process blood** using bench chart. Processing must be completed within **45 minutes** of blood collection.

# Bench Chart

## 1. Locate Tubes



9 ml K3-EDTA Lavender-top Tube



Neutral Tube

## 2. Collect and Process



**Gently invert** the tube 10-15 times

Centrifuge 15 min. at 3000 RPM

**Transfer** plasma to Neutral Tube

**DISCARD USED TUBE**

## 3. Label and Freeze



FREEZE

# Activate Test Online

Visit [www.gdx.net/mygdx](http://www.gdx.net/mygdx) to provide important information about this collection and receive a **confirmation number**.

## Package and Return Collection

1. Confirm the tube has a completed label attached.
2. Place the frozen freezer brick and the biohazard bag with frozen tube inside the foam insulator and close.
- 3 Seal the box inside the FedEx shipping bag, attach the shipping label, and drop off at an authorized FedEx location.

[Learn more about return shipping at www.gdx.net/shipping.](http://www.gdx.net/shipping)

