

Provider Guide



IgE Food Antibodies #1000

IgG Food Antibodies* #1001

IgG Vegetarian* #1002

IgE Inhalants #1003

IgE Molds #1004

IgG Spices* #1005

Celiac Profile #1018

* Not Available in New York



The following medications may influence the antibody test results: Glucocorticoids, chemotherapy, other immunosuppressive agents, NSAIDs, anticonvulsants, Omalizumab, and Heparin.

BEFORE YOU BEGIN

Ordering Physicians

Visit gdx.net/mygdx to order and activate this test using the activation number on the included label card.

STEP 1

Help Patients Plan for Collection

Ship Monday thru Friday and avoid US holidays which may cause delays.

Return specimens within 24 hours after collection.

Review full clinical guidelines at gdx.net/tests/prep.

Prior to Testing

- If testing for food antibodies, it is suggested that the patient eat a variety of foods for 2–3 weeks prior to testing (except for foods that are known to cause severe reactions). Doing so will help to ensure the presence of antibodies to problematic foods. Antibodies to a particular food may be ABSENT if the food was not consumed recently.
- Freeze freezer brick overnight.

STEP 2

Specimen Collection

1. Write patient's **date of birth** (DOB) and the **date of collection** on the labels provided. Attach a completed label to each of the **tube(s)** being returned to the lab.











The following table lists minimum specimen requirements necessary to provide results.

# profiles	ml Serum	#SST tubes
1	3 ml	1 tube
2	6 ml	2 tubes
3	9 ml	3 tubes
4 or more	12 ml	4 tubes

Blood Draw and Processing

1. **Clean the skin** thoroughly with isopropyl alcohol before venipuncture.
2. **Draw blood.**
3. **Process blood** using bench chart. Processing must be completed within **45 minutes** of blood collection. Specimens must be received at the lab **within 48 hours** of collection. If necessary, the specimens can be kept in a freezer overnight before shipping.

Bench Chart

TUBES	PROCESS	LABEL AND RETURN
 Red SST Tiger-top Tube(s)  Transfer Tube(s)	 Clot for 15 min. while standing in a rack Centrifuge 15 min. at 3000 RPM Transfer serum to transfer tube(s) DISCARD USED TUBE(S)	     <p>Place with freezer brick into the flexfoil pack and freeze immediately in the flexfoil bag.</p> <p><i>Return number of tubes according to testing ordered. See chart above.</i></p>

STEP 3

Return Collection Pack

1. Confirm that the tube(s) have a **completed label attached** with patient's **date of birth** and the **date of collection**. Place the flexfoil and biohazard bag with **frozen tube(s)** inside the cardboard box.
2. Retain a copy of the **activation number** for future reference **using one of the three labels provided on the bottom of the activation label card**.
3. Visit **gdx.net/mygdx** to enter the date of the final collection and receive the **confirmation code**. Write the date of collection and confirmation code on the **activation label card**. Place the **activation card inside** the box.
4. **Close the cardboard box** and **place** inside the **FedEx shipping bag**. Follow the shipping instructions provided.

