

# Provider Guide

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Elemental Analysis #3528

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Not Available in New York



Medications may impact results. Discontinuation is at the discretion of the physician.

## BEFORE YOU BEGIN

# Ordering Physicians

Visit [gdx.net/mygdx](https://gdx.net/mygdx) to order and activate this test using the activation number on the included label card.

## STEP 1

# Help Patients Plan for Collection

Ship Monday thru Friday and avoid US holidays which may cause delays. Review full clinical guidelines at [gdx.net/tests/prep](https://gdx.net/tests/prep).

## Night Before Collection

Patient should fast overnight. Water is okay.

## STEP 2

# Specimen Collection

1. Write patient's **date of birth** (DOB) and the **date of collection** on the labels provided. Attach a completed label to the **tube** being returned to the lab.



The Na-EDTA blue-top tube, Na Heparin blue-top tube, and K2-EDTA blue-top tube are interchangeable for this specimen collection pack. These are **trace mineral tubes**, not standard tubes.

## Blood Draw and Processing

1. **Clean the skin** thoroughly with isopropyl alcohol before venipuncture, and **use only stainless steel needles**.
2. **Draw blood**.
3. **Process blood** using bench chart. Processing must be completed within **45 minutes** of blood collection.

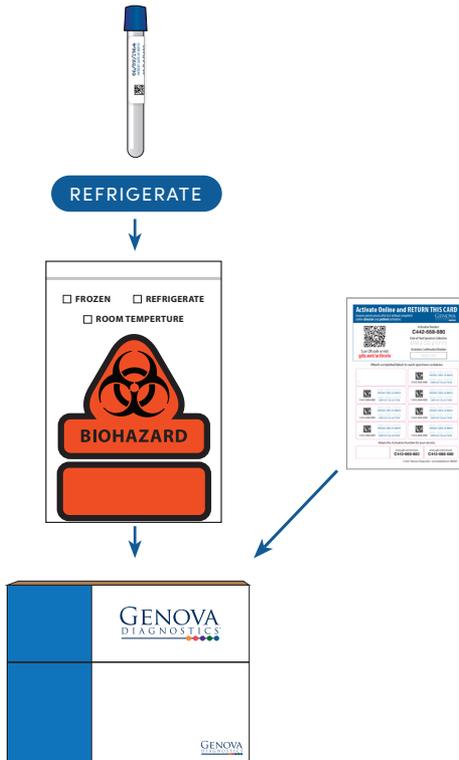
## Bench Chart

TUBES	PROCESS	LABEL AND RETURN
 <p>Na-EDTA, K2-EDTA, or Na Heparin Blue-top Tube</p>	 <p>Gently invert 10-15 times</p>	 <p>REFRIGERATE</p>

### STEP 3

## Return Collection Pack

1. Confirm that the tube has a **completed label attached** with **date of birth** and the **date of collection**. Place the biohazard bag with **refrigerated tube** inside the **box**.
2. Retain a copy of the **activation number** for future reference **using one of the three labels provided on the bottom of the activation label card**.
3. Visit [gdx.net/mygdx](https://gdx.net/mygdx) to enter the date of the final collection and receive the **confirmation code**. Write the date of collection and the confirmation code on the **activation label card**. Place the **activation card inside** the box.
4. **Close the cardboard box** and **place** inside the **FedEx shipping bag**. Follow the shipping instructions provided.



Additional resources are available online at [gdx.net/tests/prep](https://gdx.net/tests/prep).