GI EFFECTS 1 DAY COLLECTION INSTRUCTIONS
PATIENT STOOL COLLECTION

The following test(s) can be collected using these instructions:

2200 Gi Effects® Comprehensive Profile*
2205 Gi Effects® Microbial Ecology Profile*
Add-ons available
• 2130 Gi Effects® Campylobacter EIA Assay*
• 2131 Gi Effects® Clostridium difficile EIA*
• 2132 Gi Effects® Escherichia coli EIA Assay*
• 2133 Gi Effects® Helicobacter pylori EIA*
• 2134 Gi Effects® Fecal Lactoferrin*

1. All Tubes and Cups
   - Patient’s date of birth written on all tube labels indicated
   - The specimen and the liquid do not exceed the various FILL LINES
   - All the tubes and the cup are tightly closed

2. Refrigerate in the Biohazard Bag
   - GREEN-TOP TUBE - LABELED
   - ORANGE-TOP TUBE - LABELED
   - PINK-TOP TUBE - LABELED
   - WHITE-TOP CUP - LABELED

3. Test Requisition Form with Payment
   - Test Requisition Form is complete -LABEL:
     - Patient’s first/last name
     - Date of birth
     - Gender
     - Date of collection
   - TOP FRONT RIGHT HAND CORNER - LABELED
   - Payment is included

SHIP THE SPECIMEN TO THE LAB
Specimen must be returned in the Genova Diagnostics’ kit box.
Please refer to the shipping instruction insert found in your kit box.

VISIT YOUR PATIENT RESOURCE CENTER at www.gdx.net/prc
• Access test results
• Make payments
• Complete health surveys

* Not available in New York
Before collecting your specimen refer to the shipping instruction to determine what day you can ship. Ship only Monday through Friday, and within 24 hours after final collection.

IMPORTANT: To ensure accurate test results you MUST provide the requested information on the labels and the requisition. See checklist on back.

STOOL COLLECTION - Samples must all be collected on the same day

1. **IMPORTANT:** To ensure accurate test results you MUST provide the requested information on the labels and the requisition. See checklist on back.

2. Put on the latex gloves.

3. Collect your stool specimen using the enclosed collection container. DO NOT contaminate the specimen with either urine or water from the toilet.

4. Record stool consistency (see chart on below) on the tube labels using a permanent marker and on the Test Requisition Form on the “stool consistency” line.

**Consistency of Stool Specimen Chart**

- Formed/normal
- Hard/constipated
- Loose stool
- Watery/diarrhea

**IMPORTANT:**

- Test not recommended for patients under 2 years of age
- DO NOT collect samples when there is active bleeding from hemorrhoids or menstruation
- Wait at least 4 weeks from colonoscopy or barium enema before starting the test
- Tubes are under pressure. Cover tube cap with a cloth and remove cap slowly. KEEP TUBES OUT OF REACH OF CHILDREN.
- Avoid contact with the skin and eyes. For eye contact, flush with water for 15 mins. For skin contact, wash thoroughly with soap and water. For accidental ingestion, contact your local poison control center immediately.

For full details refer to: [www.gdx.net/tests/prep](http://www.gdx.net/tests/prep)

**STEPS 1-10**

5. **GREEN-TOP TUBE:** Remove the cap. Transfer stool specimen into the tube. Collect from different areas of the specimen. Mix the specimen with the liquid in the tube until it is as smooth as possible. Make sure that the liquid and specimen do not exceed the FILL LINE. DO NOT OVERFILL. Screw the cap on tightly. Shake tube for 30 seconds. DO NOT FREEZE.

6. Place in biohazard bag and refrigerate.

7. Repeat STEPS 5 through 6 with **ORANGE-TOP TUBE**, **PINK-TOP TUBE**, and the **WHITE-TOP CUP**.

8. **PLEASE NOTE:** **WHITE-TOP CUP:** Make sure that the specimen does not exceed the 40-ml FILL LINE. DO NOT OVERFILL.

9. Dispose of the remaining specimen and the collection container appropriately using the black disposable bag.

10. Refrigerate all tubes until ready to ship.

Be sure to fill out your online patient survey once you have completed your collection at [www.gdx.net/prc](http://www.gdx.net/prc).