GI EFFECTS 3 DAY COLLECTION INSTRUCTIONS

PATIENT STOOL COLLECTION

1. All Tubes and Cups
   - Patient’s date of birth written on all tube labels
   - The specimen and the liquid do not exceed the various FILL LINES
   - All the tubes and the cup are tightly closed

2. Refrigerate in the Biohazard Bag
   - GREEN-TOP TUBES (3) - LABELED
   - ORANGE-TOP TUBE - LABELED
   - PINK-TOP TUBE - LABELED
   - WHITE-TOP CUP - LABELED

3. Test Requisition Form with Payment
   - Test Requisition Form is complete - Test is marked:
     - Patient’s first /last name
     - Date of birth
     - Gender
     - Final date of collection
   - TOP FRONT RIGHT HAND CORNER - LABELED
   - Payment is included

SHIP THE SPECIMEN TO THE LAB
Specimen must be returned in the Genova Diagnostics’ kit box.
Please refer to the shipping instruction insert found in your kit box.

The following test(s) can be collected using these instructions:

- 2200 GI Effects® Comprehensive Profile*
- 2205 GI Effects® Microbial Ecology Profile*

Add-ons available
- 2130 GI Effects® Campylobacter EIA Assay*
- 2131 GI Effects® Clostridium difficile EIA*
- 2132 GI Effects® Escherichia coli EIA Assay*
- 2133 GI Effects® Helicobacter pylori EIA*
- 2134 GI Effects® Fecal Lactoferrin*

VISIT YOUR PATIENT RESOURCE CENTER at www.gdx.net/prc
- Access test results
- Make payments
- Complete health surveys

* Not available in New York
Before collecting your specimen refer to the shipping instructions to determine what day you can ship. Ship only Monday through Friday, and within 24 hours after final collection.

IMPORTANT: To ensure accurate test results you MUST provide the requested information on the labels and the requisition. See checklist on back.

STOOL COLLECTION DAY 1

1. IMPORTANT: To ensure accurate test results you MUST provide the requested information on the labels and the requisition. See checklist on back.

2. Put on the latex gloves.

3. Collect your stool specimen using the enclosed collection container. DO NOT contaminate the specimen with either urine or water from the toilet.

4. Record stool consistency (see chart on back) on the tube labels using a permanent marker and on the Test Requisition Form on the “stool consistency” line.

Consistency of Stool Specimen Chart
- Formed/normal
- Hard/constipated
- Loose stool
- Watery/diarrhea

STOOL COLLECTION DAY 2

5. GREEN-TOP TUBE: Remove the cap. Transfer stool specimen into the tube. Collect from different areas of the specimen. Mix the specimen with the liquid in the tube until it is as smooth as possible. Make sure that the liquid and specimen do not exceed the FILL LINE. DO NOT OVERFILL. Screw the cap on tightly. Shake tube for 30 seconds. DO NOT FREEZE.

6. Place in biohazard bag and refrigerate.

7. Dispose of the remaining specimen and the collection container appropriately using the black disposable bag.

STOOL COLLECTION DAY 3

8. Repeat STEPS 2 through 7 with second GREEN-TOP TUBE.

9. Repeat STEPS 2 through 7 with third GREEN-TOP TUBE, ORANGE-TOP TUBE, PINK-TOP TUBE, and the WHITE-TOP CUP. Please record this date as the final date of collection on your requisition. PLEASE NOTE: WHITE-TOP CUP: Make sure that the specimen does not exceed the 40-ml FILL LINE. DO NOT OVERFILL.

10. Refrigerate all tubes until ready to ship.

Be sure to fill out your online patient survey once you have completed your collection at www.gdx.net/prc.