CDSA STOOL SPECIMEN COLLECTION INSTRUCTIONS

PATIENT STOOL COLLECTION

The following test(s) can be collected using these instructions:

- CDSA™ Specimen Stool, 3 tubes (filled per instructions), refrigerated

ADDITIONAL MATERIALS

- Disposable latex gloves
- Wooden stick

SHIPPING MATERIALS

- Absorbent pad
- Test requisition form
- Biohazard bag with side pocket
- Specimen collection kit box
- FedEx® Clinical Lab Pak and Billable Stamp

Add-ons available

- Bile Acids
- Calprotectin
- Campylobacter & Shiga-like toxin EIA
- Clostridium difficile EIA*
- Eosinophil Protein X
- Helicobacter pylori Stool Antigen EIA*
- Macroscopic Exam for Worms
- MIC Sensitivities, Yeast or Bacteria
- Pancreatic Elastase
- Short Chain Fatty Acids distribution

CALL CHECKLIST (PRIOR TO SHIPPING)

1. All Tubes and Cups
   - Patient’s date of birth and first/last name written on all tube labels
   - The specimen and the liquid do not exceed the various FILL LINES
   - All the tubes and the cup are tightly closed

2. Refrigerate in the Biohazard Bag
   - ORANGE-TOP TUBE
   - YELLOW-TOP TUBE
   - CLEAR-TOP CUP

3. Test Requisition Form with Payment
   - Test Requisition Form is complete - Test is marked, patient’s first and last name, date of birth, gender, and date of collection are recorded
   - Payment is included

SHIP THE SPECIMEN TO THE LAB

Specimen must be returned in the Genova Diagnostics’ kit box.
Please refer to the shipping instruction insert found in your kit box.

* Not available in New York

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Before collecting your specimen refer to the shipping instruction to determine what day you can ship. Ship only Monday through Friday, and within 24 hours after final collection.

IMPORTANT: To ensure accurate test results you MUST provide the requested information.

- Label all tubes with the patient’s first and last name and date of birth (DOB).
- Write patient’s first and last name, date of birth, gender, and final date of collection on the Test Requisition Form.

STOOL COLLECTION (PURGE COLLECTION)

1. Label all tubes with the patient’s first and last name and date of birth (DOB).
2. Write patient’s first and last name, date of birth, gender, and final date of collection on the Test Requisition Form.
3. Put on the latex gloves.
4. Lift toilet seat and wipe the surface of the toilet bowl rim. Unfold the collection device. Bend all the flaps along the lines. Tape the largest flap on the back of the toilet. Tape two middle flaps to the outside of the toilet bowl as far as possible. Tape the front flaps to the outside of the toilet bowl. Make sure the collection device is tight and in the shape of a bowl. If not, reposition the flaps. Lower the toilet seat once the collection device is ready. The collection device should not touch the water.
5. Collect specimen. Do not let specimen make contact with urine or the water.

IMPORTANT PREP BEFORE PATIENT TAKES TEST

2-4 WEEKS BEFORE THE TEST:
- Please consult with your physician before stopping any medications. Certain medications and/or supplements may impact test results.
- Discontinue antibiotics, antiparasitics, antifungals, probiotic supplements (acidophilus, etc.), and bismuth 14 days prior if adding on the H. pylori test.

2 DAYS BEFORE THE TEST:
- Discontinue aspirin and other NSAIDs (i.e. ibuprofen), rectal suppositories, enemas, activated charcoal, bismuth, betaine HCl, digestive enzymes, antacids, laxatives, mineral oil, castor oil, and/or bentonite clay.

IMPORTANT:
- Test not recommended for patients under 2 years of age.
- DO NOT collect samples when there is active bleeding from hemorrhoids or menstruation.
- Wait at least 4 weeks from colonoscopy or barium enema before starting the test.
- Tubes are under pressure. Cover tube cap with a cloth and remove cap slowly. KEEP TUBES OUT OF REACH OF CHILDREN.
- Avoid contact with the skin and eyes. For eye contact, flush with water for 15 mins. For skin contact, wash thoroughly with soap and water. For accidental ingestion, contact your local poison control center immediately.

For full details refer to: www.gdx.net/tests/prep