Want to LIVE life with renewed VIGOR? Hormones impact male health, too.





Hormones are chemical messengers in the body.

Throughout your life, these messengers play an important role in muscle and skin tone, bone health, sleep, and energy levels. Hormone imbalance can occur at any age and contribute to diseases such as dementia, cancer, and heart disease.

Although hormonal changes can cause significant issues, these can be treated. Patients are often surprised at how easy it is to improve their symptoms and how great they feel once their hormones are back in balance.

Have you noticed changes in hair growth?

Suffer from depression, anxiety, or irritability?



If you've answered yes to any of these questions, Genova's advanced hormone testing may be the answer. Talk to your doctor today.

HORMONE IMBALANCE CAN ALSO CAUSE:









Low Libido

Brain Fog





How will my hormone test results help me?

Knowing the levels of your hormones and how they relate to each other can open up a wide range of solutions for you and your clinician. These include guided nutritional therapies, and lifestyle changes to keep you in balance.

We offer Three Different Testing Options:

- Saliva: A convenient, at-home collection to help your clinician follow hormonal patterns throughout the day. Clinicians often use saliva to monitor hormone therapies.
- **Urine**: One urine sample early in the morning, or a 24-hour collection, which reveals how your body utilizes hormones and assesses your risk for hormone-related disease.
- **Serum**: An in-office blood draw to evaluate hormone levels and help your clinician monitor hormone therapies.



Genova's Hormone Testing

Genova Diagnostics has an array of hormonal tests that can help reveal important information about your hormones. Lab results help you and your health care practitioner to work together to determine which hormone therapies will have the most direct impact on your health.









Talk to your Doctor Today!

Visit <u>www.gdx.net</u> to learn more.



FAQs

Which hormone test is right for me?

Genova offers a variety of testing options and convenient sample types. Depending on your clinical presentation, your clinician will decide which profile fits the best.

 Will my health insurance cover Genova hormone testing?

Genova offers patients the ability to use their commercial health insurance to pay for their testing. We also offer a number of other billing options, including payment plans.

 How do I get started with Genova hormone testing?

Talk to your doctor about your symptoms to see if Genova hormone testing is right for you.

They can provide you with proper testing options based on your clinical needs. You can also visit Genova's website at www.gdx.net for more information on our company and our testing.



Genova Diagnostics is an innovative leader in comprehensive laboratory testing. With 30+ years of extensive experience and expertise, we are committed to improving lives by bringing insights to health.

- We are a fully licensed clinical laboratory, providing testing worldwide.
- Our testing is only available through your doctor or other healthcare provider.
- We accept all commercial insurance plans, work with Government payors, and offer payment plans for patients.



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