

# Step 3:

## Returning The Sample To The Laboratory

Samples must be returned to Genova Diagnostics by overnight delivery to arrive next day.

**For UK mainland patients only:** Genova Diagnostics recommends using the enclosed courier collection service, or alternative e.g.: Royal Mail, Special Delivery. The mailing envelope is not pre-paid.

**For patients outside of the UK:** please arrange an international courier such as FedEx, DHL, UPS.

Please note: the laboratory is closed at weekends. Samples should not be in transit over the weekend; please arrange for the samples to be sent overnight and to arrive no later than Friday.

- Plan to return the samples **Monday – Thursday by overnight delivery only.**
- Please ensure the paperwork and sample tube are labelled with full name (first and last), date of birth, time and date of collection. Failure to complete this information will result in the samples being rejected.
- Put the plastic tube holder (containing the filled serum tube) in the biohazard bag with absorbent paper and seal it securely.
- Place the biohazard bag inside the mailing envelope with your completed, signed, and dated requisition form.
- Seal the envelope.
- Once posting/couriering of samples has been arranged, keep any tracking numbers issued by the courier / Royal Mail for future reference.

# Thyroid Assessments

## Clinician Instructions for Serum Collection



### Check Your Kit

- A - 1 Serum collection tube
- B - 1 Tube holder with absorbent paper
- C - 1 Biohazard bag
- D - 1 Bleed kit (needle, holder, wipe, spot plaster)
- E - 1 Requisition (to be completed and signed)
- F - 1 Mailing envelope

- If any of the items are missing or expired, call the laboratory on 020 8336 7750.
- The appearance of the above kit components are for illustration use only and actual contents may vary slightly from that shown.

# Step 1:

## FOR THE PATIENT

### Important things to know and consider

- Drugs that may interfere with test results include glucocorticoids (e.g., prednisone), dopamine, lithium, interferon-alpha, phenobarbital, phenytoin, heparin, clofibrate, carbamazepine, and colestipol. If you have questions, please consult your healthcare practitioner.

### Schedule & Prepare for the blood draw

- Arrange to have the blood drawn on Monday – Thursday, for returning to the laboratory for next day delivery, to arrive by Friday.
- **Complete the requisition form** with all patient and payment details, and information requested in red regarding hormones. Be sure it is signed by the patient/ responsible party & dated on the date the sample is taken in the box labelled “Final Sample Date / Time.”
- **Please note:** equipment provided is for the use of a qualified phlebotomist / doctor / nurse only.

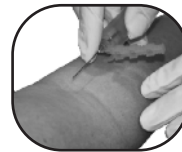
# Step 2:

## Blood Draw: For Clinician Use Only

Not following these instructions may affect the test results.



- 1** Write the patient's full name (first and last), date of birth, time and date of collection on the collection tube.



- 2** Draw blood to fill the tube.



- 3** Mix blood sample thoroughly by gently inverting the tube three times. **Do not shake.**



- 4** Place the serum tube into the plastic blood tube holder and seal. If unable to send immediately, store in a refrigerator to keep specimen stable. **DO NOT FREEZE.**



- 5** Ensure the patient completes the requisition form: **The test can not be processed without this information.** Sign the form and enter the date in the box labelled ‘Final sample date / time’.