

Step 3:

Checklist (Prior to Shipping)

Please note: the laboratory is closed at weekends. Samples must be received within 24 hours of completion and should not be in transit over the weekend. Please arrange for the samples to be sent with next day delivery Monday through Thursday.

1. All Tubes

- Patient's first and last name, date of birth and time and date of collection written on tube label.

2. Test Requisition Form with Payment

- Test Requisition Form is complete, **patient's first and last name, date of birth, gender, time and date of collection** are recorded.

3. Packing

- The blood tube is placed inside the biohazard bag with the absorbent pad.
- Seal the box with the blue security seal provided.

4. Shipping

- Please refer to the shipping instructions provided with the DHL shipping bag.

Thyroid Plus

Clinician Instructions for Serum Collection



Test may not be processed without this information:

Test Requisition Form



Please Provide:

- Patient's First/last Name
- Date of Birth
- Gender
- Date and Time of Collection

All Tubes



Please Label:

- Patient's First and Last Name
- Patient's Date of Birth

Check Your Kit

A - SST red-top tube

Biohazard bag with absorbent pad

Test requisition form (to be completed)

Genova sample collection pack box

Collection Materials



SST red-top tube

- If any of the items are missing or expired, call the laboratory on 0208 336 7750.
- The appearance of the above kit components are for illustration use only and actual contents may vary slightly from that shown.

1. IMPORTANT PREP BEFORE COLLECTION



Medications

Drugs that may interfere with test results include glucocorticoids (e.g., prednisone), dopamine, lithium, interferon-alpha, phenobarbital, phenytoin, heparin, clofibrate, carbamazepine, and colestipol.

Check with your clinician whether it is necessary to discontinue medications/supplements

Arrange to **have your blood drawn Monday - Thursday** for returning to the laboratory using a **next-day delivery** service.

2. BLOOD COLLECTION

1 Before venipuncture, thoroughly wash the skin area with isopropyl alcohol, using two successive swabs of clean, sterile cotton. **Do not use iodine or mercury-based disinfectants/antiseptics.** Extra cleaning of the skin is important for accurate analysis. **Use only stainless steel needles, with no aluminum or other metal crimp ring.**

2 DRAW BLOOD

3 BLOOD PROCESSING:



RED-TOP SST TUBE

Draw blood to fill the tube to the black 2ml mark.
NB: the tube will not fill past this mark.

Gently invert the tube three times

DO NOT FREEZE THE SAMPLE.

RETURN TO LAB FOLLOWING THE SHIPPING INSTRUCTIONS.